



**Special points of interest:**

- Welcome Dr. Amy Parish to Ozark Health Specialty Clinic
- Welcome Mr. Joe Havens as the new OHNC Administrator
- September Dates to Remember
- OHNC Resident of the Month

**Inside this issue:**

Relay for Life Survivor's Banquet	<b>1</b>
Van Buren Co. Fair	<b>1</b>
Welcome Mr. Joe Havens	<b>2</b>
OHNC ROM-July & Aug	<b>2</b>
Health Fairs	<b>3</b>
Welcome Dr. Amy Parish	<b>3</b>

"Do something every day that you don't want to do. This is the golden rule for acquiring the habit of doing your duty without pain."  
**Mark Twain**



**Relay for Life Survivor's Banquet at Ozark Health**

On August 15, 2008 Ozark Health hosted the Relay for Life Survivor Banquet in conjunction with the American Cancer Society. Those in attendance included cancer survivors and their care takers. This was the kick-off event to the Van Buren County Relay for Life. Susie Neighbours was this years Relay chairperson and was also awarded the Van Buren County Volunteer of the Year Award from the American Cancer Society. Miranda Reynolds was in attendance to present Ms. Neighbors with her award, as well as present a certificate to

Ozark Health for being the corporate sponsor of the Survivor Banquet. Ozark Health is proud to support the American Cancer Society and their goal of finding a cure for cancer. For more info about the American Cancer Society or Relay for Life visit the ACS website at [www.cancer.org](http://www.cancer.org).



**Mr. Darrell Moore, Director of Ozark Health Development, is presented with a certificate of appreciation for Ozark Health**

**2008 Van Buren County Fair & Livestock Show**

The 2008 Van Buren County Fair and Livestock Show is September 15th–20th. Don't forget to stop by the Ozark Health booth to find out about all that Ozark Health has to offer in our community. Get information about Ozark Health Medical Center, Ozark Health Nursing Center, Ozark Health Specialty Clinic, and all of the community outreach programs that are available through the Ozark Mountain Health Network. Community outreach programs include health screenings through Reach



Out & Connect, the prescription assistance program, TEA Coalition, T.H.U.G (Teens Having United Goals), Van Buren County Tobacco Coalition, Searcy County Tobacco Coalition, Diabetes Management Program, Young Mother's Healthy Families & DARE to Be You.



Find out more by visiting the Ozark Health booth from 4p–9p each day.

**We look forward to seeing you there!!**



**Mr. Joe Havens**  
**OHNC's New Administrator**

***"In my opinion, Ozark Health would easily rank among the top (10) nursing facilities in the Nation."***

## Ozark Health Welcomes Mr. Joe Havens as the new Administrator of OH Nursing Center

Please welcome Mr. Joe Havens as the new Administrator of Ozark Health Nursing Center. Mr. Havens has over (40) years of healthcare administration experience beginning with his career as the Hospital Foreman with the United States Navy. He served as Hospital Foreman in the U.S. Navy for (22) years before moving on as a Nursing Home Administrator. He has worked at nursing home facilities in Kansas, Michigan, Louisiana, Tennessee, Alabama and Arkansas.

Mr. Havens is from the small town of Pleasant Valley near Wooster. He grew up there as a part of a large farm family of

(12). "I'm pleased to have the opportunity to join the Clinton community as well as the Ozark Health family" he stated. "I've been warmly welcomed by Ozark Health staff and Managers and I'm impressed with the staff's sense of pride and willingness to help others."

Mr. Haven's said that he considers it 'his mission in life' to help improve healthcare for the elderly. "In my opinion, Ozark Health would easily rank among the top (10) nursing facilities in the Nation." Mr. Haven's stated that having the Nursing Center attached to a critical access hospital as well as all of the other specialty

services that are offered at Ozark Health is a tremendous advantage to the residents. "Having a nursing center attached to the hospital is critical to peace-of-mind' he said.

Mr. Haven's considered early retirement, but when this opportunity presented itself, he couldn't pass it up. He is very excited to be able to return to his hometown community of Pleasant Valley and resides there now with his wife.

Again, please welcome Mr. Havens the first chance you get. We are honored to have him as a part of the Ozark Health team.



**Bottom Row:** James Hargis, Mrs. Lexy Simpson, Zac Alexander, and Mike Alexander

**Top Row:** Brandi Hargis, Sunny Hargis, John Hargis, Angela Alexander, and Will Alexander

## Ozark Health Nursing Center Resident of the Month for July 2008

Please congratulate Mrs. Lexy Simpson! She was chosen as Ozark Health Nursing Center Resident of the Month for July 2008.

Mrs. Simpson has been a resident at Ozark Health Nursing Center since October of 2007.

Mr. Lawson Simpson and Lexy were married in 1939. They were married for over 34 years at the time of his death in 1973.

Many of you may remember the dry goods' store in Clin-

ton called 'Simpson's'. Mrs. Simpson owned and operating this family business in Clinton for many years.

She has one daughter, Sunny Hargis of Clinton, three grandchildren and several great-grand children.

Many friends and family members, as well as Ozark Health Nursing Center Staff, celebrating Mrs. Simpson's birthday on June 29th. Thanks to everyone that attended the event in her honor.



***Thank you for choosing Ozark Health Nursing Center!***



## Chimes & Fairfield Bay Health Fairs September 27th

Ozark Health is participating in both the Chimes Health Fair as well as the Fairfield Bay Health Fair on Saturday, September 27th.

**For more information contact**  
**SARA BATES**  
 Community Health Coordinator  
 at 501.745.7004 ext. 103  
 Or  
 sara.bates@myozarkhealth.com

**FREE HEALTH SCREENINGS**  
**& CONSULTATIONS !!!!**

FAIRFIELD BAY      8 a.m.—1 p.m.  
 CHIMES              2 p.m.—5 p.m.



Mr. Von Sturdevant

### Ozark Health Nursing Center Resident of the Month for August 2008

Mr. Von Sturdevant was chosen as Ozark Health Nursing Center 'Resident of the Month' for August 2008.

Mr. Sturdevant was a retired State Highway Department employee who also served in the United States Army.

Mr. Von passed away recently on Friday, Sept. 5, 2008. The staff at Ozark Health would like to send our sympathies to Mr. Sturdevant's family and friends.

He was married to the late Betty Sturdevant. They had one daughter, Mrs. Sherry Bixler of Clinton and one granddaughter.



Thank you for  
choosing  
Ozark Health  
Nursing Center!

### Young Moms Healthy Families Program Receives \$1K Grant from Clinton Wal-Mart



Arlene Wells & Randy Soell of Wal-Mart present Jewel Poole, Young Moms Healthy Families Coordinator with \$1K grant

Arlene Wells, Human Resource Manager, and Randy Soell, Assistant Manager at Clinton Wal-Mart, present Jewel Poole, Coordinator for Young Moms Healthy Families, with a \$1,000 annual grant. Wal-Mart's annual grant helps to provide necessary baby products like diapers, car seats, formula, clothing and much more. The Young Moms Healthy Families program provides support services and health education to pregnant and parenting girls age 12-21. If you are interested in the program, contact Jewel Poole at 745-7004 ext.121.



### Ozark Health Receives \$150K Grant from HRSA

Ozark Health has been awarded a grant in the amount of \$75K per year for two years from HRSA (Health Resource Service Administration). The funds will be used for our Community Health Programs as a resource to focus on Self-Management Support for the chronically ill (especially diabetes and cardiovascular disease) and prevention of onset of disease as well as prevention of complications due to Provider Quality Improvement (Rural Quality) Grant Program. Ozark Health will enhance chronic disease management in rural Arkansas by:

- Implementing & using an electronic patient registry system
- Tracking & reporting specific health indicators by using nationally-accepted performance measures
- Assessing the need for & implementing additional quality improvement activities
- Participating in technical assistance through monthly conference calls and peer learning workshops w/other Rural grantees & quality improvement spec.



ATTN: Gina Daniel  
Marketing Coordinator  
245 Quality Drive  
Clinton, AR 72031

## Ozark Health Welcomes Dr. Amy Parish, MD Neuropsychologist to our Specialty Clinic

Please welcome Dr. Amy Parish to the Ozark Health Specialty Clinic family of physicians. Dr. Parish completed her clinical internship at Kansas University Medical School in Kansas City KS; neuropsychology postdoctoral residency at St. Vincent's Memory Center, Little Rock, AR; Master's and Doctoral degrees from California School of Professional Psychology Fresno, CA; and Bachelor of Science degree from Angelo State University San Angelo, Texas. Dr. Parish specializes in neuropsychology and has a special interest in Pain Management.

She is a noted speaker in pain management, substance use, bariatric medicine, and traumatic brain injury related issues and published author in the field of pain management. Her research has been published and presented nationally. Dr. Parish is an active member in the American Pain Society, American Psychology Association, and Psi Chi National Honor Society. Some of the conditions Dr. Parish treats are: Alzheimer's, Epilepsy,

Brain Aging, Brain Injuries, Dystopia, Memory Loss, Multiple Sclerosis, Neurofibromatosis, Seizure Disorder, Thought Processing, Tremor and Movement Disorders, Pre-surgical and Pre-treatment evaluations, Dementia, Parkinson's & more. **Dr. Parish will begin seeing patients the week of September 1st at the Ozark Health Specialty Clinic.** Appointments are available each Monday, 8 a.m.—4 p.m. Dr. Parish can be contacted at (501) 208-7285 or (877) 414-0414.



**Dr. Amy Parish, M.D.,  
(Behavioral)  
Neuropsychologist  
Ozark Health Specialty Clinic**

## DATES TO REMEMBER IN SEPTEMBER . . .

- September 16-20th—Van Buren County Fair & Livestock Show  
**COME VISIT THE OZARK HEALTH BOOTH 4p–9p each day!**
- September 19th—Ozark Health Anniversary Health Fair at Ozark Health Medical Center  
**FREE HEALTH SCREENINGS & CONSULTATIONS! 9a-3p**
- September 27th—Ozark Mountain Health Network at Fairfield Bay Health Fair  
**FREE HEALTH SCREENINGS & CONSULTATIONS! 8a-1p**
- September 27—Ozark Mountain Health Network at Chimes Health Fair  
**FREE HEALTH SCREENINGS & CONSULTATIONS! 1p-3p**